



Norfolk County Council

I help my dad
to remember.

I am a **carer**.

#ThinkCarers

There are an estimated 100,000 unpaid carers in Norfolk.

It's time to #ThinkCarers and ensure that those people who are looking after a family member, friend or loved one are getting the help and support they need.

Find out more at:
norfolk.gov.uk/thinkcarers

#ThinkCarers



from:

to:
